

Bereavement Support

Information and local services

We are very sorry for your loss.

Everyone at the practice offers their sincere condolences. Losing someone close can be an incredibly difficult time. If you or someone you know would benefit from support, the services below may help.

National Bereavement Support

Marie Curie Bereavement Support Service

Free bereavement support and information, available across the UK.

Telephone: **0800 090 2309**

You may also find support through these organisations:

- [At a Loss – ataloss.org](https://ataloss.org)
- [The Good Grief Trust – thegoodgrieftrust.org](https://thegoodgrieftrust.org)
- [Cruse Bereavement Support – cruse.org.uk](https://cruse.org.uk)

Local Bereavement Support Services

Hummingbird Bereavement Service

A specialist service launched in June 2025, delivered through a partnership between Cynthia Spencer Hospice and Cransley Hospice Trust.

Support is available for:

- Adults affected by a palliative or end-of-life diagnosis
- Patients in the last year of life
- Family members, carers, and others important to them

Self-referrals are accepted.

Telephone: **01604 379916**

Email: enquiries@hummingbirdbereavement.org.uk

More info: cransleyhospicetrust.org.uk/hummingbird-bereavement-service

sAGE Bereavement Service

Delivered in partnership with Age UK Northamptonshire. Available to anyone aged 18 or over who has experienced a bereavement.

Support includes:

- Up to eight individual counselling sessions (face-to-face, online, or by telephone)
- Structured bereavement support groups

Self-referrals are accepted.

Telephone: **01604 215839**

Email: bereavement@ageuknorthants.org.uk

More info: ageuk.org.uk/northamptonshire/our-services

If you would like help accessing any of these services, please contact the practice — a member of our team will be happy to assist you.